

## Spring Training June Calendar 2026

| Sun                                                                 | Mon                                                                                                                                              | Tue                                                                                                                                                                  | Wed                                                                                                                                               | Thu                                                                                                                                                                  | Fri       | Sat       |
|---------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------|-----------|
| <b>May 31</b><br><i>All ice at the Gale Center in Niagara Falls</i> | <b>June 1</b><br>Flood 4:15-4:25<br>Jr 4:25-5:35<br>Jr off ice jump 5:50-6:20<br>Flood 5:35-5:45<br>Int/Sr 5:45-7:15<br>Int/Sr off ice 7:25-7:55 | <b>2</b><br>Flood 4:00-4:10<br>HSSAdvanced 4:10-4:50<br>Flood 4:50-5:00<br>Jr 5:00-6:00<br>Jr off ice jump 6:10-6:40<br>Int/Sr 6:00-7:00<br>Int/Sr Cond.. 7:10-8:00  | <b>3</b><br>Flood 4:15-4:25<br>Int/Sr 4:25-5:55<br>Int/Sr off ice spin 6:05-6:35<br>Flood 5:55-6:05<br>Jr 6:05-7:15<br>Jr off ice jump 7:25-7:55  | <b>4</b><br>Flood 4:15-4:25<br>Jr 4:25-5:15<br>Pr Junior 5:15-6:05<br>Flood 6:05-6:15<br>Int/Sr 6:15-7:15<br>Int/Sr off ice 7:25-7:55                                | <b>5</b>  | <b>6</b>  |
| <b>7</b>                                                            | <b>8</b><br>Flood 4:15-4:25<br>Jr 4:25-5:35<br>Jr off ice jump 5:50-6:20<br>Flood 5:35-5:45<br>Int/Sr 5:45-7:15<br>Int/Sr off ice 7:25-7:55      | <b>9</b><br>Flood 4:00-4:10<br>HSSAdvanced 4:10-4:50<br>Flood 4:50-5:00<br>Jr 5:00-6:00<br>Jr off ice jump 6:10-6:40<br>Int/Sr 6:00-7:00<br>Int/Sr Cond.. 7:10-8:00  | <b>10</b><br>Flood 4:15-4:25<br>Int/Sr 4:25-5:55<br>Int/Sr off ice spin 6:05-6:35<br>Flood 5:55-6:05<br>Jr 6:05-7:15<br>Jr off ice jump 7:25-7:55 | <b>11</b><br>Flood 4:15-4:25<br>Jr 4:25-5:15<br>Pr Junior 5:15-6:05<br>Flood 6:05-6:15<br>Int/Sr 6:15-7:15<br>Int/Sr off ice 7:25-7:55                               | <b>12</b> | <b>13</b> |
| <b>14</b>                                                           | <b>15</b><br>Flood 4:15-4:25<br>Jr 4:25-5:35<br>Jr off ice jump 5:50-6:20<br>Flood 5:35-5:45<br>Int/Sr 5:45-7:15<br>Int/Sr off ice 7:25-7:55     | <b>16</b><br>Flood 4:00-4:10<br>HSSAdvanced 4:10-4:50<br>Flood 4:50-5:00<br>Jr 5:00-6:00<br>Jr off ice jump 6:10-6:40<br>Int/Sr 6:00-7:00<br>Int/Sr Cond.. 7:10-8:00 | <b>17</b><br>Flood 4:15-4:25<br>Int/Sr 4:25-5:55<br>Int/Sr off ice spin 6:05-6:35<br>Flood 5:55-6:05<br>Jr 6:05-7:15<br>Jr off ice jump 7:25-7:55 | <b>18</b><br>Flood 4:15-4:25<br>Jr 4:25-5:15<br>Pr Junior 5:15-6:05<br>Flood 6:05-6:15<br>Int/Sr 6:15-7:15<br>Int/Sr off ice 7:25-7:55                               | <b>19</b> | <b>20</b> |
| <b>21</b>                                                           | <b>22</b><br>Flood 4:15-4:25<br>Jr 4:25-5:35<br>Jr off ice jump 5:50-6:20<br>Flood 5:35-5:45<br>Int/Sr 5:45-7:15<br>Int/Sr off ice 7:25-7:55     | <b>23</b><br>Flood 4:00-4:10<br>HSSAdvanced 4:10-4:50<br>Flood 4:50-5:00<br>Jr 5:00-6:00<br>Jr off ice jump 6:10-6:40<br>Int/Sr 6:00-7:00<br>Int/Sr Cond.. 7:10-8:00 | <b>24</b><br>Flood 4:15-4:25<br>Int/Sr 4:25-5:55<br>Int/Sr off ice spin 6:05-6:35<br>Flood 5:55-6:05<br>Jr 6:05-7:15<br>Jr off ice jump 7:25-7:55 | <b>25</b><br>Flood 4:15-4:25<br>Jr 4:25-5:25<br>*Pr Jr adj time 4:25-5:25<br>Flood 5:25-5:35<br>Assessment night for<br>Int/Sr 5:35-7:15<br>Int/Sr off ice 7:25-7:55 | <b>26</b> | <b>27</b> |
| <b>28</b>                                                           | <b>29</b>                                                                                                                                        | <b>30</b>                                                                                                                                                            |                                                                                                                                                   |                                                                                                                                                                      |           |           |